

Summer school of Clinical Nutrition and Diet Therapy, 23d- 27th of August 2019, Zagreb, will provide:

- ▶ Development of specific multidisciplinary skills in clinical practice
- ▶ 5-days accredited program with lectures and workshops given by leading European experts and professionals
- ▶ Latest clinical practices in clinical nutrition
- ▶ Workshops with modern equipment used in everyday clinical practice
- ▶ Hands on materials providing practical advice and latest scientific facts

Join us and expand your knowledge by participating in a modern learning program taught by renowned lecturers!
Apply until the **1st of July 2019** on the following email address:
dvrnesic@vitamini.hr.

The summer school of Clinical Nutrition and Diet Therapy is part of the Experimental Pharmacology and Pathology & Clinical Nutrition and Diet therapy (EXPPAND) project and is financed by the European Social Fund. The EXPPAND project will be implemented in Croatia by the School of Medicine University of Zagreb and its partners – Croatian Medical Association, School of Dental Medicine, Faculty of Veterinary Medicine, Faculty of Pharmacy and Biochemistry, Faculty of Food Technology and Biotechnology of the University of Zagreb.

NOSITELJ PROJEKTA / LEAD BENEFICIARY

PARTNERI / BENEFICIARIES



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Responsibility for the information and views set out in these materials lies entirely with the School of Medicine University of Zagreb.

Projekt je sufinancirala Europska unija iz Europskog socijalnog fonda. www.strukturfondovi.hr

www.exppand.eu

EXPPAND

**Introducing the new
Summer School of Clinical Nutrition
and Diet Therapy**

Specialized training in clinical nutrition
and diet therapy for medical students and
students of nutrition

SUMMER SCHOOL OF CLINICAL NUTRITION & DIET THERAPY

August 23 – 27, 2019.

DAY 1

10:00 - 10:15	Željko Krznarić	Welcome & Introduction
10:15 - 10:45	Darija Vranešić Bender	History of diet therapy and clinical nutrition
10:45 - 11:30	Donatella Verbanac	Translational research: prediction, prevention, personalization and participation in nutrition
11:30 - 12:15	Jasenska Gajdoš Kljusurić	Ethics in applied nutrition services
12:15 - 12:45	COFFEE BREAK	
12:45 - 13:30	Ivana Rumora Samarin	Introduction to nutrition science
13:30 - 14:15	Željko Krznarić	Nutrition guidelines overview
14:15 - 15:15	LUNCH	
15:15 - 16:00	Jasenska Gajdoš Kljusurić	Workshop: How to use nutrition databases?
16:00-16:45	Darija Vranešić Bender	Workshop: Analysis of food diary

DAY 2

10:00 - 10:45	Darija Vranešić Bender	Nutritional status in health and disease
10:45 - 11:30	Ivana Rumora Samarin	Energy, Macro & micronutrients: basics of physiology and dietary requirements
11:30 - 12:15	Jasenska Gajdoš Kljusurić	Basics of meal planing: digital approach
12:15 - 12:45	COFFEE BREAK	
12:45 - 13:30	Donatella Verbanac	Biologic active compounds from food & herbs: screening, selection and clinical applications
13:30 - 14:15	Željko Krznarić	Pharmaconutrients and conditionally essential nutrients in clinical Nutrition
14:15 - 15:15	LUNCH	
15:15 - 16:00	Darija Vranešić Bender	Workshop Nutritional Assessment
16:00 - 16:45	Dina Ljubas Kelečić	Workshop Anthropometric measurements and functional assessment

DAY 3

10:00 -10:45	Alastair Forbes	Physiology of gastrointestinal tract
10:45 - 11:30	Željko Krznarić	Basics of enteral nutrition
11:30 - 12:15	Dina Ljubas Kelečić	Basics of parenteral nutrition
12:15 - 12:45	COFFEE BREAK	
12:45 - 13:30	Donatella Verbanac	Microbiota in health and disease
13:30 - 14:15	Alastair Forbes	Micronutrients: clinical applications
14:15 - 15:15	LUNCH	
15:15 - 16:00	Ivana Rumora Samarin	Nutrition in diabetes
16:00 - 16:45	Darija Vranešić Bender	Nutrition in metabolic syndrome and obesity

DAY 4

10:00 -10:45	Alastair Forbes	Nutritional management of intestinal failure
10:45 - 11:30	Alessandro Laviano	Nutrition support in cancer
11:30 - 12:15	Dina Ljubas Kelečić	Refeeding syndrome
12:15 - 12:45	COFFEE BREAK	
12:45 - 13:30	Alessandro Laviano	Anorexia – cachexia syndrome
13:30 - 14:15	Darija Vranešić Bender	Vitamin D in prevention and therapy of disease
14:15 - 15:15	LUNCH	
15:15 - 16:00	Workshop: enteral nutrition prescription and application	
16:00 - 16:45	Workshop: parenteral nutrition prescription and application	
16:45 - 17:15	Clinical cases discussion	

DAY 5

10:00 -10:45	Clinical cases presentation	
10:45 - 11:30	Clinical cases presentation	
11:30 - 12:15	Donatella Verbanac	Introduction to intellectual property protection in nutrition
12:15 - 12:45	COFFEE BREAK	
12:45 - 13:45	FINAL EXAM / DIPLOMAS	
13:45 - 14:45	LUNCH	